



Stephanie Wallace

HEALING ARTS OPERATIONS SPECIALIST
SACRED SPACE MENTOR + CURATOR

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stephaniejanewallace.com

ABOUT ME

Heart-led professional embodying roles as teacher, community leader, visionary, apprentice, and practitioner dedicated to promoting accessible, holistic well-being. As an international yoga and meditation educator and sacred space facilitator, I am deeply committed to guiding individuals on their unique journeys and supporting industry leaders in their sacred + healing arts business. Drawing from over 15 years of experience in PR and media production, I offer a seasoned and distinct perspective to individuals and organizations focused on holistic spiritual wellness.

EXPERTISE + PROFESSIONAL SKILLS

- Client Relationships
- Project Management
- Event Curation + Production
- Program Development
- Community Engagement
- Copywriting + Editing
- Creative Asset Direction + Creation
- Wellness Industry-Specific Communication

TECHNICAL SKILLS + APPLICATIONS

Zoom	Kajabi	Mindbody Online	Squarespace	Shopify
Slack	Teachable	Calendly	WordPress	ChatGPT
Asana	FloDesk	Acuity	Canva	G Suite/Workspace
Trello	MailChimp	Zendesk	Adobe Suite	MS Suite

SELECT EXPERIENCE

Embodied Spiritual Mentor + Sacred Space Facilitator

2019- Present

- Design range of bespoke offerings for spiritual wellness, personal growth, and community connection, including The Altar, The Ritual RX, The Ritual of Movement, regular gatherings, workshops, and collaborative partnerships.
- Curate events and experiences with businesses and studios, including MOONS, Ritual Moves, and DDM Women’s Council, as well as revered practitioners and industry leaders.
- Mentor individuals in developing embodied spiritual wellness practices with focus on healing space holders + wellness practitioners.
- Founded Little Moon Mystic in 2019, promoting intuitive healing, astrological alignment, and spiritual wisdom through weekly wellness offerings, monthly gatherings, ritual content creation, and lunar training programs/workshops, serving as a precursor to broader business offerings until its dissolution in 2023.

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Lead Apprentice + Assistant Facilitator to [Alexandra Roxo](#)

2022–Present

- Assist transformational and spiritual coach in facilitating sacred spaces by engaging community, program support + development, ensuring clear communication for participants and engagements.
 - Aid in organizing multiple monthly gatherings within a virtual sanctuary, supporting a membership of over 50 individuals.
- Produce retreat experiences in Zion, UT and Boulder, CO.
 - Manage all aspects including budgeting, program creation, participant coordination, communication, schedule management, and space curation.
 - Oversee venue + vendor relationships.



Operational Support + Event Producer for [Vienna Pharaon](#) (founder [MindfulMFT](#))

2018 – 2023

- Support leading therapy practice and mental health industry expert by managing schedules, client intake, and relationship cultivation.
 - Assist in marketing efforts, creative asset management.
 - Handle office operations, including billing, invoicing, and payments.
- Orchestrate retreat experiences and engaging community events.
 - Cultivate and nurture relationships with venues and vendors.
 - Manage all facets of event planning, from creation to promotion, implementation, and post-event follow-up with participants and partners.
 - Facilitate breathwork, yoga, and meditation during retreats.



Yoga Instructor | Teacher Trainer | Retreat Leader

2014 – Present

- Lead + Support multiple Yoga Teacher Trainings and Continuing Education Modules reaching more than 150 students since 2020; Designed + implemented first of its kind Yoga + Lunar Cycles CE module.
- Teach creative, trauma-informed yoga + meditation sessions in studios, nonprofit organizations, corporate offices, and events globally, in person + online.
- Studio Roles: Instructor + Teacher Trainer at Y7 Studio, NYC, Black Swan Yoga in San Antonio, TX; Instructor at Super Yoga Palace, WeYogis in Dallas, TX, Heatwise in Brooklyn, NY, and beBhakti in Beacon, NY.
- Selected as part of inaugural team of yoga trainers for Y7 Studio's collaboration with Lululemon / the MIRROR online studio platform; designed + filmed 85+ original yoga and meditation classes for 13.8M users globally, recognized as the most downloaded yoga trainer on the platform in 2022.
- Organize, curate + facilitate retreats + experiences in the US, Mexico, and France.

CERTIFICATIONS + APPRENTICESHIPS

- 500RYT + YACEP (Yoga Alliance)
- Reiki Level 2: Usui Lineage
- Apprenticeships in various lineages of Herbalism, Ritual, Ceremony, Astrology, and Numerology
- Ongoing study in Embodied Spirituality, Sacred Space Facilitation
- Advanced studies include philosophy, anatomy, intelligent sequencing, energetic body/chakras, meditation, yoga nidra, yin yoga, and trauma-informed facilitation.
- BA in Public Relations, University of Oklahoma